



Camp Adair Gear List 2019

All items to be clearly named

<ul style="list-style-type: none">● Packet of biscuits● Cut lunch and drink for Wednesday● Sleeping bag● Under sheet● Blanket● Pillow● Torch● Insect repellent● Toothbrush● Toothpaste● Soap● Face cloth● Shampoo● Brush/comb● 2 Towels● Drink bottle● Cup● 3 Large plastic bags● Book (optional)	<ul style="list-style-type: none">● Underwear x 4● Socks x 4● Shorts x 2● T-shirt x 3● Long trousers x 2● Shoes x 2 (1 pair suitable for walking)● Swimming togs● Sun hat● Waterproof jacket● Old clothes for confidence course
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Do not bring: iPods, iPads, digital devices, mobile phone, radios, electronic games or money.

Absolutely no lollies/sweets or bubble gum.